

Basic Socks - Single Ply Socks

Size: Average adult - length adjustable to fit other sizes

Materials: Freshisle Fibers Double Down wool yarn, 1 skein (100 grams/400 yds.).
Set of double pointed needles size 3 mm/No. 2.5 U.S. Darning needle for finishing toe.

Gauge: 8 stitches = 1" ; 12 rows = 1" in stocking stitch.

Pattern

Cuff

Cast on 60 stitches. Divide stitches evenly on 3 needles (20 stitches per needle). Join and work around in k2, p 2 ribbing for desired length. I knit a ribbing of 24 rounds or approximately 2 inches.

Leg

Continue to knit each round (stockinette stitch) for desired length of leg. I knit a leg of 55 rounds or approximately 4 ½ inches.

Shape Heel

With beginning of round as the centre of the heel, slip 15 stitches from the third needle onto the spare needle, knit across the 15 stitches of the first needle, place the remaining 30 stitches divided onto two needles for instep, continue across to 30 heel stitches total.

Double Heel

worked on 30 heel stitches only

Row 1 : * Slip 1, k 1, repeat from * across.

Row 2 : Slip 1, p across row.

Repeat these 2 rows for 2" , end p row. (Approximately 24 rows total.)

Turn Heel

Row 1 : Slip 1, k 16, k2tog, k 1, turn.

Row 2 : Slip 1, p 5, p2tog, p 1, turn.

Row 3 : Slip 1, k 6, k2tog, k 1, turn.

Row 4 : Slip 1, p 7, p2tog, p 1, turn.

Row 5 : Slip 1, k 8, k2tog, k 1, turn.

Row 6 : Slip 1, p 9, p2tog, p 1, turn.

Row 7 : Slip 1, k 10, k2tog, k 1, turn.

Row 8 : Slip 1, p 11, p2tog, p 1, turn.

Row 9 : Slip 1, k 12, k2tog, k 1, turn.

Row 10 : Slip 1, p 13, p2tog, p 1, turn.

Row 11 : Slip 1, k 14, k2tog, turn.

Row 12 : Slip 1, p 15, p2tog, p1.

18 stitches remain.



Gusset

Knit 9 stitches and leave on spare needle. Knit remaining 9 stitches and pick up and knit 14 stitches along side of heel. Knit across instep (30 stitches). With third needle, pick up and knit 14 stitches along side of heel, knit 9 from spare needle. 23 stitches on first needle, 30 stitches on second needle, 23 stitches on third needle.

Shape Instep

Round 1 : With first needle, knit to last 3 stitches, k2tog, k1. With second needle knit across. With third needle, k1, slip 1, k1, pass slip stitch over, k to end.

Round 2 : Knit all stitches.

Repeat these two rounds until 60 stitches total remain. (16 rounds)

Foot

Continue to knit each round (stockinette stitch) for desired length of foot, until sock is approximately 2 inches shorter than desired length. For my ladies' size 8 foot this was 60 rounds.

Toe

Round 1 : With first needle, knit to last 3 stitches, k2tog, k 1. With second needle, k 1, slip 1, k 1, pass slip stitch over, knit to last 3 stitches, k2tog, k 1. With third needle, k 1, slip 1, k 1, pass slip stitch over, knit to end.

Round 2 : Knit all stitches.

Repeat these two rounds until 12 stitches remain on second needle. Knit across 6 stitches of first needle with third needle. Weave stitches together with Kitchener stitch.

Machine washable. Lay flat to dry or machine dryable.



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